Exclusively for University of Pennsylvania Retirees

Health Advocate

Real Support for Retirees

Top Reasons to Call Us...

Here’s How We Can Help:

✔ Address healthcare concerns
Your Personal Health Advocate will do the legwork to get you to the right providers and the right answers.
- Find in-network doctors, dentists, hospitals and other providers
- Arrange appointments, including second opinions with hard-to-reach specialists
- Help explain your doctor’s instructions

✔ Guidance with insurance coverage
We’ll walk you through your options.
- Help with insurance choices before you’re eligible for Medicare
- Explain Medicare coverage and costs
- Compare various Medicare plan options
- Explain how Medicare coordinates with your employer-provided insurance

✔ Locate care facilities and support
We do the research to get you the right resources.
- Research local adult day care, assisted living, and long-term care facilities
- Locate in-home care and nursing support resources
- Help facilitate transportation to your medical appointments

✔ Handle insurance-related issues
Our experts can address your questions and help you maximize your benefits.
- Review your employer-provided retiree health benefits
- Help resolve billing and claims issues
- Provide the estimated out-of-pocket costs of common medical procedures in your area

Remember… your Personal Health Advocate can answer your questions about healthcare after retirement as well as assist you with a variety of healthcare and insurance-related issues. Eligible retirees, their spouses, dependent children, parents and parents-in-law are all covered. Just call or email answers@HealthAdvocate.com.

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