

SUMMER YOGA



May 30th – August 18th

YOGA SCHEDULE:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am Yoga Miles Studio 414	6:45am Power Yoga Kait Studio 414	8:00am Yoga Miles Studio 414	12:30pm Vinyasa Flow Yoga Paula Studio 414	12:00pm Yin Yoga Kiran Studio 414	10:30am Yoga Foundations Betty Studio 414	4:00pm Yoga Miles Studio 414
	4:00pm Vinyasa Flow Yoga Paula Studio 414	12:30pm Power Yoga Jacqui Studio 414	5:30pm Yoga Stretching Anita Studio 414	4:00pm Vinyasa Flow Yoga Paula Studio 414		
	5:30pm Yoga Foundations Anita Studio 414	6:00pm Power Yoga Lucy Studio 414				
	6:45pm Yoga Flow Mary Studio 414					

Sign up today in the membership office or online: upenn.edu/recreation

****Classes and instructors are subject to change***