


# SPRING **YOGA** 2017

SESSION 1: JAN 16 - MAR 5 // SESSION 2: MAR 13 - APR 30

SUN	MON	TUES	WED	THURS	FRI	SAT
4-5PM Yoga Miles Studio 414	8-9AM Yoga Miles Studio 414	7-8AM Power Yoga Studio 414	8-9AM Yoga Miles Studio 414	7-8AM Yoga Flow Maria Studio 414	12-1PM Yin Yoga Kiran Studio 414	10:30-12PM Yoga Foundations Betty Studio 414
	11-12PM Slow Flow Yoga Ji Sun Studio 414	4-5PM Vinyasa Flow Paula Studio 414	12:30-1:30PM Hatha Yoga Kathy Studio 414	12:30-1:30PM Vinyasa Flow Paula Studio 414	4-5PM Vinyasa Flow Paula Studio 414	
	12:15-1:15PM Yoga Foundations Ji Sun Studio 414	5:30-6:30PM Yoga Foundations Studio 414	3-4PM Power Yoga Jacqui Studio 414	5:30-6:30PM Yin Yoga Anita Studio 414		
	5:15-6:15PM Yoga Miles Studio 414		5:15-6:15PM Power Yoga Maria Studio 414			

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